

W.T. Woodson Wind Ensemble

Personal Hygiene Plan

Overview

With growing concern about recent global pandemics in the midst of the always present concern over influenza and other winter sicknesses, this document will serve as a set of guidelines for students and parent chaperons to follow on the upcoming trip to Indianapolis. As of the writing of this document, there are two confirmed cases of the novel Coronavirus in Virginia, and two in the state of Indiana. With such limited information available about cases, we will (of course) defer to FCPS guidelines regarding travel and adhere to guidelines and updates from Music for All as we go into this event. The Music for All guidelines are based heavily on guidelines given from the City of Indianapolis and the State of Indiana health officials. Those guidelines, in turn, are based on the latest recommendations from the Centers for Disease Control. The below guidelines are IN ADDITION to all guidance from all of these organizations. While the likelihood of infection is very remote at this time, **the student's health and best interest is our top priority.**

Travel

Planned stop in Wheeling, WV for lunch.

- All stops, including restrooms will include students washing hands before getting back on the bus.
- Students are advised to not touch anything they do not need to touch and not touch any other people, including fellow students while off the bus. This includes shaking hands when greeting people.
- Students should wipe down toilets or door handles at rest areas with a disinfectant wipe before using said items.
- Students should continue to avoid touching their face, eyes, nose, mouth, etc.
- Students should practice coughing into their elbow instead of their hands.
- Students should wipe down their cell phone screen at least twice a day with a disinfectant wipe.
- Any students who display any symptoms while en route will be isolated on the very back of the bus. Both buses are lightly occupied and will have a lot of empty seats around to facilitate these measures

At the Hotel/Festival

- Students are advised to not touch anything they do not need to touch and not touch any other people, including fellow students while off the bus. This includes shaking hands when greeting people.
- Students should wash their hands before every meal and before leaving any place with available facilities. When restrooms are not available, students will use hand sanitizer.
- Students should continue to avoid touching their face, eyes, nose, mouth, etc.
- Students should practice coughing into their elbow instead of their hands.
- Students should wipe down their cell phone screen at least twice a day with a disinfectant wipe.
- Students will be provided with wipes to wipe down music stands, cases, and chairs upon arrival in rehearsal and performance spaces.
- Students will be provided with wipes to wipe down all surfaces in the hotel room. Door handles and other commonly touched areas will be sanitized multiple times a day. Hotel staff are taking special precautions to clean and sanitize as many surfaces as possible. Students may not use the "Do Not Disturb" signs to bypass regular cleanings by hotel staff.
- Any students showing any symptoms during the event will be immediately isolated to their room. Any students in the room with the student will be moved into other rooms. Medical personnel will test students displaying significant symptoms as needed. Please note, any student or parent that tests positive for Coronavirus will not be permitted to return with the group and will be hospitalized and put into isolation.

Recommended items to include:

- Small pack of disinfectant wipes. Ideally, the alcohol-based wipes (as opposed to bleach based wipes) as they do not leave residue on phone screens.
- Small containers of hand sanitizer.

Both the chaperons and the medical staff at the event have access to sanitary thermometers and other basic diagnostic equipment. Students do not need to bring any of these supplies. Students are NOT permitted to carry any medicine at any time.